



**Nature Camps, Inc.**  
 PO Box 240, Monkton MD 21111-0240  
 410-343-0223

**Nature Camps, Inc.**  
**Bicycling on the NCR Trail**  
**Permission Slip**

Dear Parents,

Each Thursday we will be offering "Bicycling on the NCR Trail" as an activity. The children and their bicycles will be taken by the camp van and camp truck to the White Hall Train Station. They will then head north to PA for older children and south to Monkton for younger children.

At Nature Camps, Inc. we try to accommodate all ages and abilities. We ask that you bring no bikes with training wheels. Please judge your child's ability.

All children must wear an approved helmet (look for the sticker). The helmet should fit snugly. If it slides around on the child's head, it should be adjusted. A bell is also required on the NCR Trail.

All children MUST carry 2 quarts of drinking water. Children will NOT be permitted to participate in the bike trip without this water. All bicycles should be in good working condition. Please check the brakes, steering, tire inflation, and chain. If you are unsure, arrive early and we will check it for you.

Parents are responsible for transporting bicycles to and from camp. When you arrive in the morning, please place the bike in our wooden bike rack. Staff will be available to assist in loading and unloading bicycles. We will return the bikes to this rack after our ride.

Please complete, sign, and return the form on the right. With our experienced staff, and with your help and cooperation, all of the children will have a fun and safe bicycle adventure.

Thank You!  
 Nature Camps, Inc. Trail Bike Riding Staff

My child, \_\_\_\_\_  
 has permission to partake in the "Bicycling on the  
 NCR Trail Adventure."

I have checked my child's helmet and bike for safety  
 and for proper fit.

\_\_\_\_\_  
 Parent's Signature

\_\_\_\_\_  
 Date Signed

