



## **Nature Camps, Inc.**

17433 Big Falls Road, Box 240, Monkton, MD 21111-0240  
410-343-0223 (June-August) or 410-378-0870 (September-May)



# **Teen Adventure**

## **Appalachian Trail Schedule**

- Day 1: Depart Nature Camps for Catoclin Mountains section of the Appalachian Mountains. Drop off at trail head. Hike 8 miles South to Annapolis Rocks campground.
- Day 2: Breakfast at Annapolis Rocks overlook. Hike 9 miles South to Rocky Ridge Campground, stopping for lunch at the Civil War Correspondents Memorial in Washington Monument State Park.
- Day 3: Hike 8 miles to Ed Garvey Shelter, taking a long lunch break at Gathland State Park.
- Day 4: Hike south to Harper's Ferry Youth Hostel. Hike down through Weverton Cliffs and along the C & O Canal to view Historic Harper's Ferry. Lunch and wading along the Potomac River.
- Day 5: Early wake-up and breakfast at the Hostel. River and Trail Shuttle ride to the river. Raft down Shenandoah and Potomac Rivers. Return to Nature Camps Base Camp at approximately 4:00 p.m. Parents pick up on Friday at 5:00 pm, at Nature Camps.