



Nature Camps, Inc.

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Teen Adventure

Bunker Hill Mini-Trip

A backpacking trip to Bunker Hill will take place on the first Thursday of each TA session. Teens and their leaders will backpack five to six miles north along the Gunpowder River and camp at youth group campsites in the Bunker Hill area of the Gunpowder State Park. Each teen will be assigned an ingredient or item needed for dinner and breakfast the next day. They will need two packed lunches: one for Thursday and one for their return on Friday. On their return Friday, teens will have lunch, debrief, cool off in the pool, and discuss their TA Camp service project.

Bunker Hill Gear List

- Backpack: Preferably a fitted internal frame pack. Visit one of the local camping stores. The objective of this mini packing trip is to test out campers' gear to see if any adjustments to the fit of their backpack need to be made before we leave for the laurel highlands with many miles before us; as well as, any problems with foot wear and blisters.
- One personal plastic tarp big enough for you to sleep on or cover your gear
- Small flashlight or headlamp
- Extra batteries
- 2 short sleeve T-shirts (non-cotton if possible)
- 1 pair of shorts
- Bathing suit
- 1 long sleeve T-shirt
- 1 fleece or pullover
- 1 pair of long pants
- Rain gear (poncho, rain jacket, rain pants)
- 3 pairs of socks
- Change of underwear
- Small towel
- Sleeping bag
- Sleeping pad
- Hiking boots. Not athletic shoes! They do not offer the right amount of support and protection needed on the trail.
- Toiletries- small bottle of biodegradable soap, toothbrush, toothpaste
- Sandals, Teva[®], Chaco's[®] etc.
- 2 liter sized Naglene[®] Bottles or similar container, Camelback[®] reservoirs are also nice if your pack allows space for one
- Journal and pencil or pen.

We suggest marking your name in permanent marker on all items. Clothing, socks, and underwear etc. should be packed in waterproof bags such as trash bags or Ziploc[®] bags.